

WHAT IS A BICYCLE PLAYGROUND?



It's a collection of bike-optimized features that allow children to explore their abilities and have fun in an easily repeatable environment. As they negotiate the playground structures, they improve their balance, coordination, strength and bike handling skills — plus they're outdoors and off their screens. Outdoor activities have been proven to improve mental health in people of all ages, but children especially benefit from this type of free-form, unscripted activity.

Who can use it?

A thoughtfully designed bicycle playground includes a variety of options for different skill levels, which can be used by kids on balance bikes as well as pedal bikes. Teens and adults can also enjoy a few laps on the skills features as they look to improve bike handling skills. It's an excellent addition to any community park, bike park or skatepark, allowing families to gather and spend time together.

What have other communities done?

Bentonville, AR built their bicycle playground in 2016 as a way to test the waters, using a dirt trail with wooden features, two tunnels and a youth-size modular concrete pump track. David Wright, Director of Bentonville Parks Department, said, "My only regret is that we didn't build it twice as big. This has been one of the most popular amenities we've added to our park system."

SEE A BICYCLE PLAYGROUND IN ACTION BY CLICKING ON THESE IMAGES:



QUESTIONS? CONTACT: